

HOW TO

Nature Journal

- DATE: _____
- TIME: _____
- LOCATION: _____

1. ALWAYS START WITH DATE, TIME & LOCATION! Why? This helps you notice how nature changes over days, seasons, and weather.

2. "I Notice..." Look closely at one plant, animal, or scene.. Write & draw 3-5 things you SEE..

WORDS:

OBSERVATION #1	OBSERVATION #2	OBSERVATION #3

DRAW:

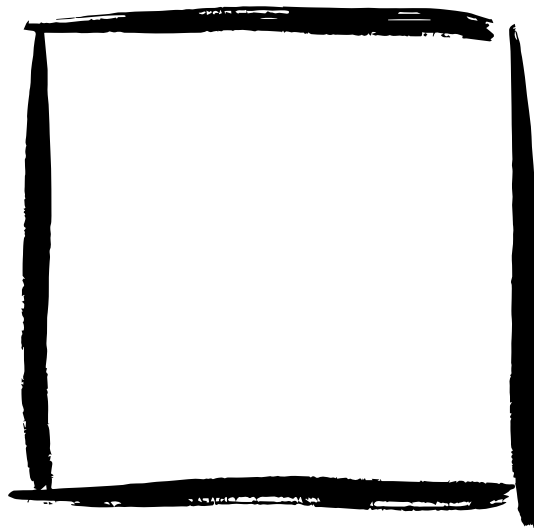
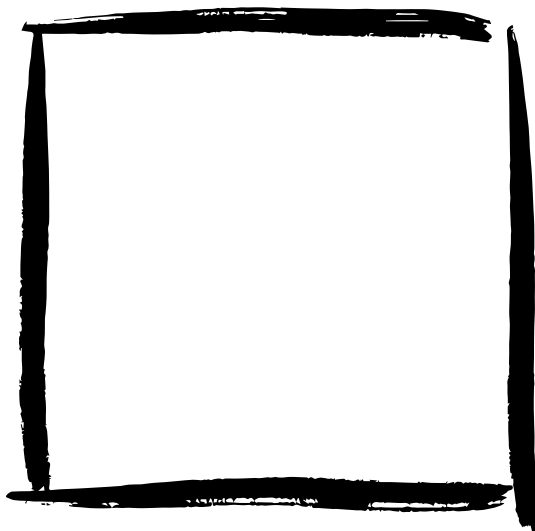
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3. "I Wonder..."
Write 2-3
questions that
come to mind.

1.

2.

4. "It Reminds Me Of..."
(Write or Draw)



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CONT...

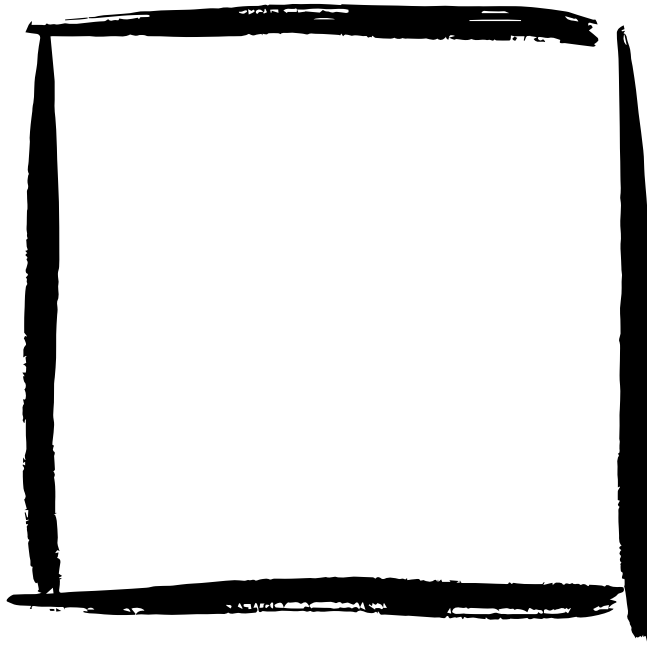
#5

WORDS:

DRAW:

	I HEAR:	I SMELL:	I FEEL (TEMPERATURE, TEXTURES):

#6. Add a Tiny Map-
of where you are
sitting and where your
subject is located.



#7: 7. Reflection: Write 3-4 sentences reflection on what you journaled today, and how it made you feel/connect to the things around you!

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